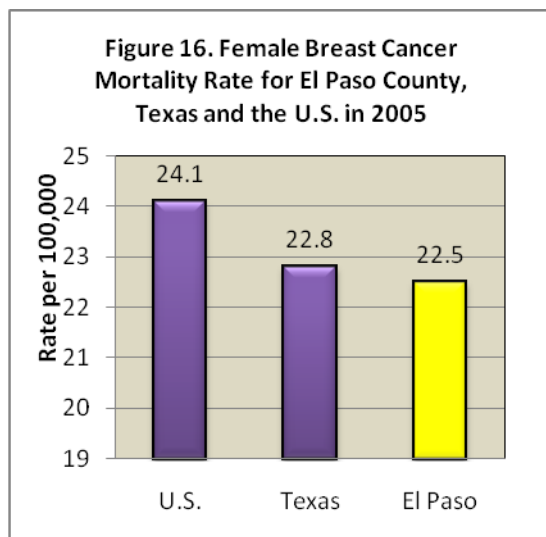


Female Breast Cancer Mortality¹

Healthy People 2010 Objective: 21.3 deaths per 100,000 people

National

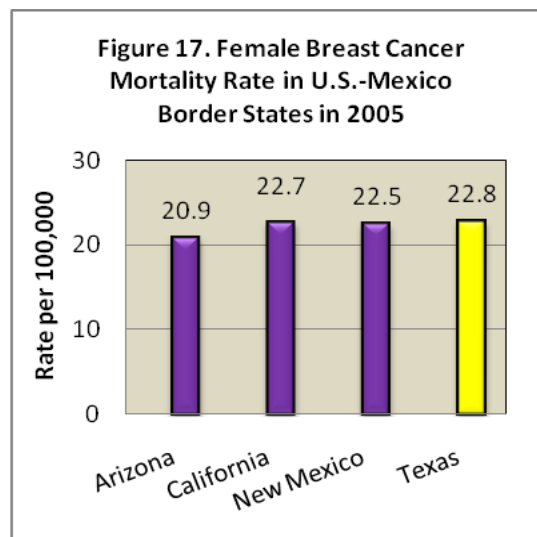
El Paso County had a lower female breast cancer mortality rate than the United States and Texas in 2005.



Source: CDC Wonder, 2005

State

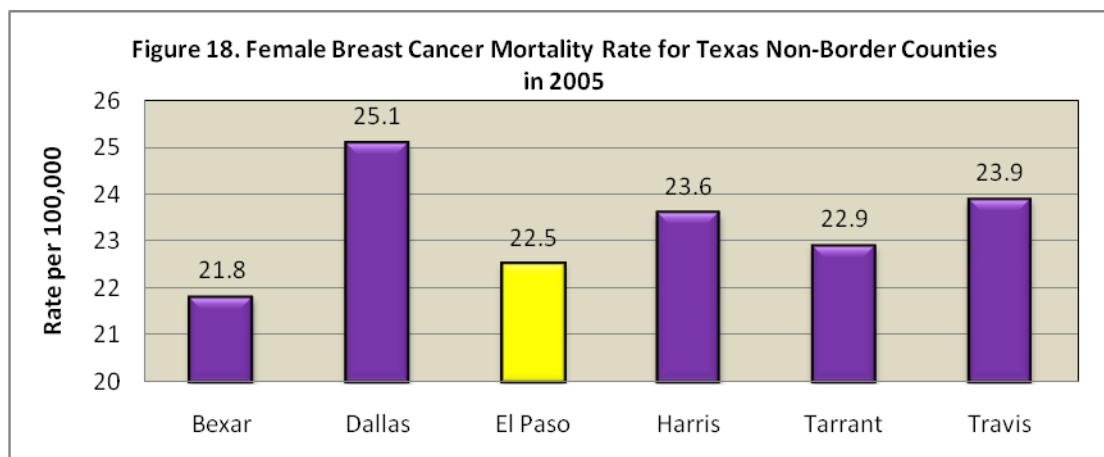
Texas had the highest female breast cancer mortality rate of all Border States in 2005.



Source: CDC Wonder, 2005

Texas Non-Border Counties

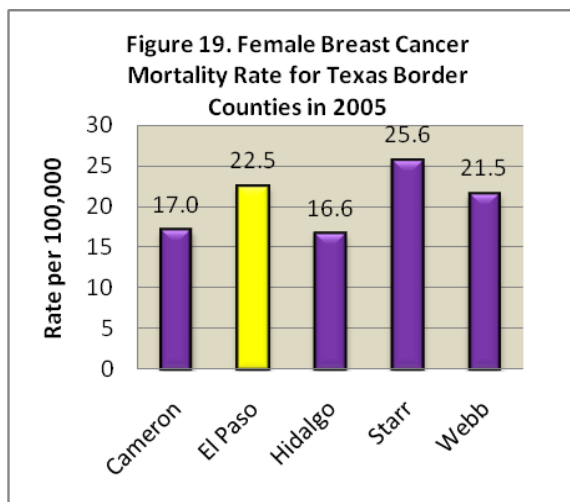
El Paso County had the second-lowest female cancer mortality rate in 2005. Bexar County had the lowest.



Source: CDC Wonder, 2005

Texas Border Counties

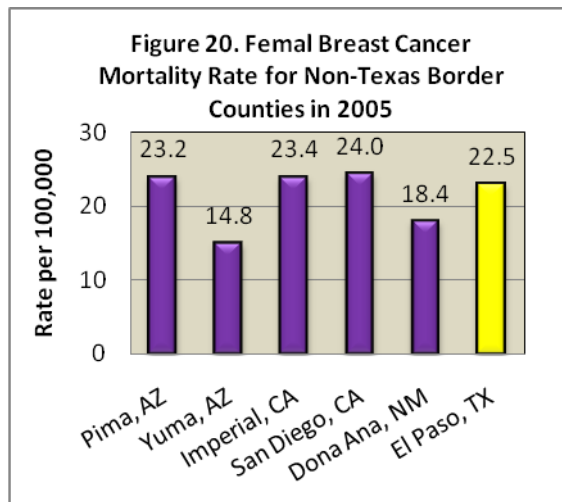
El Paso County had the second-highest female breast cancer mortality rate of all Texas Border Counties in 2005². Starr County had the highest.



Source: CDC Wonder, 2005

Non-Texas Border Counties

El Paso County had the third-lowest female breast cancer mortality rate after Yuma, Arizona and Dona Ana, New Mexico³.



Source: CDC Wonder, 2005

El Paso County	Healthy People Objective	Goal Met	Year
22.5	21.3	No	2005

¹Rate per 100,000 people

²Data for Starr Texas in figure 19 was statistically unreliable.

³Data for Yuma, Arizona; Imperial, California; and Dona Ana, New Mexico in figure 20 was statistically unreliable.

Breast Cancer Prevention

- Exercise Regularly
- Conduct breast self exams

Unavoidable Risk Factors

- Early menstruation
- Late menopause
- Pregnancy after age 35
- Family history

Preventable Risk Factors

- Hormone replacement therapy
- Obesity
- Alcohol use

Source: National Cancer Institute, 2008; National Breast Cancer Foundation, Inc., 2008

